

Living Authentically

Transforming your everyday life

How do you view your world?

Do you believe it is possible to create your own Happiness?

Are you ready to leave suffering behind and to master the art of living?

The Four Agreements as revealed by Don Miguel Ruiz is a practical guide to personal freedom. Come and see how your thoughts and beliefs affect you and prevent you from living a life of authenticity and love. Learn tools and techniques to quiet the mind, go within and experience true happiness and love. We will begin the process of acquiring tools for personal empowerment and enlightenment using intuitive guidance, meditations, and ritual.

Date: Wednesday, March 7, 2012

6:30pm - 8:30pm

(Please R.S.V.P. by Sunday March 4th)

Location: 36 Cheshire Rd

Wallingford, Ct. 06492

Cost: \$20.00

(Recommended reading before the workshop: The Four Agreements by Don Miguel Ruiz)

For additional information, please contact Gayle at:

(203) 265-2927 sunnispirit@sbcglobal.net or www.return2love.net

Gayle Franceschetti, Med., Cht., is an acclaimed intuitive counselor, healer, and Reiki Master. She holds Masters Degrees in Education and Counseling and offers past life regressions as a Certified Hypnotherapist. She is also a teacher in the Toltec lineage of the spiritual leader don Miguel Ruiz, author of The Four Agreements. Gayle was consecrated by Don Miguel's mother, Madre Sarita, as a healer in the Toltec Tradition and is an Associate of the Life Mastery Programs. As founder of the Lightworker of Vibrational Energy (L.O.V.E) Institute, Gayle hosts a variety of workshops and Power Journeys to sacred places throughout the United States, Mexico, Canada, Egypt and Peru.

